

О.В. Узорова, Е.А. Нефёдова

*Мои первые
прописи*

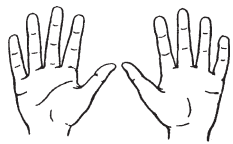
К АЗБУКЕ

О.В. УЗОРОВОЙ, Е.А. НЕФЁДОВОЙ

Москва
Издательство АСТ
2025

Урок 1

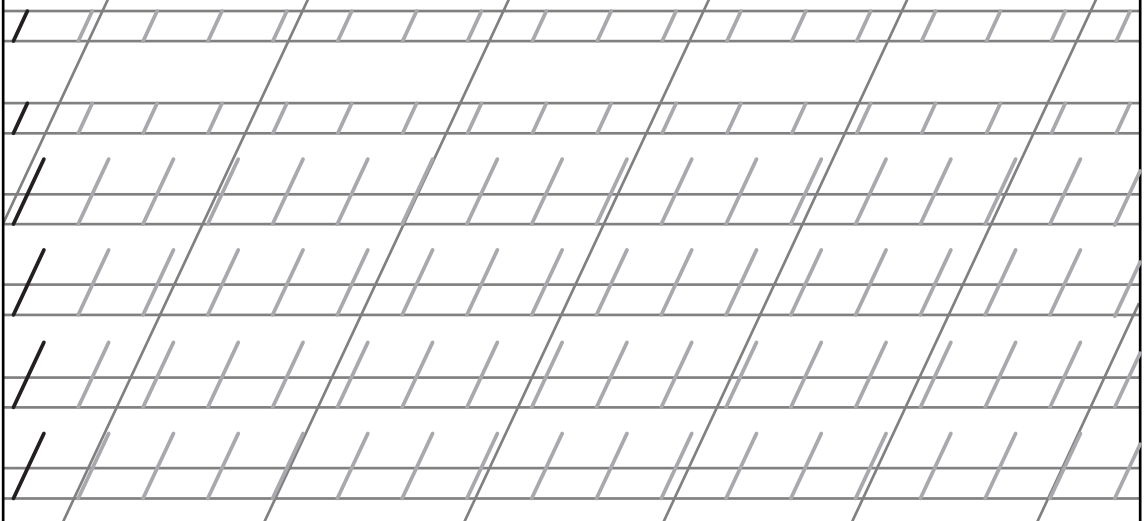
Прямые наклонные линии.



1. Пальчиковая гимнастика.

Пальцы делают зарядку,
Чтобы меньше уставать.
А потом они в тетрадке
Будут букочки писать.

2. Обведи.



3. Пропиши.



Handwriting practice grid with diagonal lines. The grid contains several rows of pre-written stroke patterns for tracing and copying. The patterns include:

- Two groups of three parallel diagonal lines.
- Two groups of four parallel diagonal lines.
- Two groups of five parallel diagonal lines.
- Two groups of six parallel diagonal lines.
- Two groups of seven parallel diagonal lines.
- Two groups of eight parallel diagonal lines.
- Two groups of nine parallel diagonal lines.
- Two groups of ten parallel diagonal lines.
- Two groups of eleven parallel diagonal lines.
- Two groups of twelve parallel diagonal lines.
- Two groups of thirteen parallel diagonal lines.
- Two groups of fourteen parallel diagonal lines.
- Two groups of fifteen parallel diagonal lines.
- Two groups of sixteen parallel diagonal lines.
- Two groups of seventeen parallel diagonal lines.
- Two groups of eighteen parallel diagonal lines.
- Two groups of nineteen parallel diagonal lines.
- Two groups of twenty parallel diagonal lines.
- Two groups of twenty-one parallel diagonal lines.
- Two groups of twenty-two parallel diagonal lines.
- Two groups of twenty-three parallel diagonal lines.
- Two groups of twenty-four parallel diagonal lines.
- Two groups of twenty-five parallel diagonal lines.
- Two groups of twenty-six parallel diagonal lines.
- Two groups of twenty-seven parallel diagonal lines.
- Two groups of twenty-eight parallel diagonal lines.
- Two groups of twenty-nine parallel diagonal lines.
- Two groups of thirty parallel diagonal lines.
- Two groups of thirty-one parallel diagonal lines.
- Two groups of thirty-two parallel diagonal lines.
- Two groups of thirty-three parallel diagonal lines.
- Two groups of thirty-four parallel diagonal lines.
- Two groups of thirty-five parallel diagonal lines.
- Two groups of thirty-six parallel diagonal lines.
- Two groups of thirty-seven parallel diagonal lines.
- Two groups of thirty-eight parallel diagonal lines.
- Two groups of thirty-nine parallel diagonal lines.
- Two groups of forty parallel diagonal lines.
- Two groups of forty-one parallel diagonal lines.
- Two groups of forty-two parallel diagonal lines.
- Two groups of forty-three parallel diagonal lines.
- Two groups of forty-four parallel diagonal lines.
- Two groups of forty-five parallel diagonal lines.
- Two groups of forty-six parallel diagonal lines.
- Two groups of forty-seven parallel diagonal lines.
- Two groups of forty-eight parallel diagonal lines.
- Two groups of forty-nine parallel diagonal lines.
- Two groups of fifty parallel diagonal lines.
- Two groups of fifty-one parallel diagonal lines.
- Two groups of fifty-two parallel diagonal lines.
- Two groups of fifty-three parallel diagonal lines.
- Two groups of fifty-four parallel diagonal lines.
- Two groups of fifty-five parallel diagonal lines.
- Two groups of fifty-six parallel diagonal lines.
- Two groups of fifty-seven parallel diagonal lines.
- Two groups of fifty-eight parallel diagonal lines.
- Two groups of fifty-nine parallel diagonal lines.
- Two groups of sixty parallel diagonal lines.
- Two groups of sixty-one parallel diagonal lines.
- Two groups of sixty-two parallel diagonal lines.
- Two groups of sixty-three parallel diagonal lines.
- Two groups of sixty-four parallel diagonal lines.
- Two groups of sixty-five parallel diagonal lines.
- Two groups of sixty-six parallel diagonal lines.
- Two groups of sixty-seven parallel diagonal lines.
- Two groups of sixty-eight parallel diagonal lines.
- Two groups of sixty-nine parallel diagonal lines.
- Two groups of seventy parallel diagonal lines.
- Two groups of seventy-one parallel diagonal lines.
- Two groups of seventy-two parallel diagonal lines.
- Two groups of seventy-three parallel diagonal lines.
- Two groups of seventy-four parallel diagonal lines.
- Two groups of seventy-five parallel diagonal lines.
- Two groups of seventy-six parallel diagonal lines.
- Two groups of seventy-seven parallel diagonal lines.
- Two groups of seventy-eight parallel diagonal lines.
- Two groups of seventy-nine parallel diagonal lines.
- Two groups of eighty parallel diagonal lines.
- Two groups of eighty-one parallel diagonal lines.
- Two groups of eighty-two parallel diagonal lines.
- Two groups of eighty-three parallel diagonal lines.
- Two groups of eighty-four parallel diagonal lines.
- Two groups of eighty-five parallel diagonal lines.
- Two groups of eighty-six parallel diagonal lines.
- Two groups of eighty-seven parallel diagonal lines.
- Two groups of eighty-eight parallel diagonal lines.
- Two groups of eighty-nine parallel diagonal lines.
- Two groups of ninety parallel diagonal lines.
- Two groups of ninety-one parallel diagonal lines.
- Two groups of ninety-two parallel diagonal lines.
- Two groups of ninety-three parallel diagonal lines.
- Two groups of ninety-four parallel diagonal lines.
- Two groups of ninety-five parallel diagonal lines.
- Two groups of ninety-six parallel diagonal lines.
- Two groups of ninety-seven parallel diagonal lines.
- Two groups of ninety-eight parallel diagonal lines.
- Two groups of ninety-nine parallel diagonal lines.
- Two groups of one hundred parallel diagonal lines.

Домашняя работа. Пропиши.

A vertical column of parallel diagonal lines on the right side of the page, intended for tracing practice. The lines are arranged in groups of three, four, five, six, seven, eight, nine, ten, eleven, twelve, thirteen, fourteen, fifteen, sixteen, seventeen, eighteen, nineteen, twenty, twenty-one, twenty-two, twenty-three, twenty-four, twenty-five, twenty-six, twenty-seven, twenty-eight, twenty-nine, thirty, thirty-one, thirty-two, thirty-three, thirty-four, thirty-five, thirty-six, thirty-seven, thirty-eight, thirty-nine, forty, forty-one, forty-two, forty-three, forty-four, forty-five, forty-six, forty-seven, forty-eight, forty-nine, and fifty.

Урок 2

Линия с закруглением внизу иливерху.



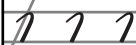
1. Пальчиковая гимнастика. (см. Урок 1) 2. Повтори. Пропиши.



3. Обведи.



4. Пропиши.



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Домашняя работа. Пропиши.

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Урок 3

Линия с закруглением сверху и внизу.



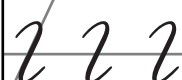
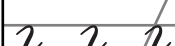
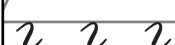
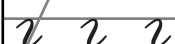
1. Пальчиковая гимнастика. (см. Урок 1) 2. Повтори. Пропиши.



3. Обведи.



4. Пропиши.



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Домашняя работа. Пропиши.

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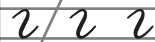
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Урок 4

Плавные линии.



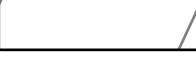
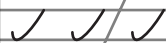
1. Пальчиковая гимнастика. (см. Урок 1). **2.** Повтори. Пропиши.



3. Обведи.



4. Пропиши.

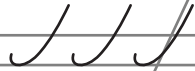
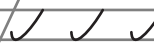
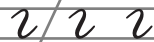


Урок 5

Линии с петлёй.



1. Пальчиковая гимнастика. (см. Урок 1) 2. Повтори. Пропиши.



3. Обведи.



4. Пропиши.



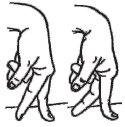
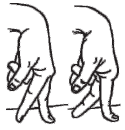
Handwriting practice sheet with a grid of lines and diagonal guides. The sheet contains several rows of cursive letters for tracing and writing practice. The letters are arranged in groups of three or four on each line. The groups are: 'f', 'g', 'h', 'i', 'j', 'k', 'l', 'm', 'n', 'o', 'p', 'q', 'r', 's', 't', 'u', 'v', 'w', 'x', 'y', 'z'. The letters are written in a cursive style. The sheet is divided into two main sections by a horizontal line. The top section contains the letters 'f', 'g', 'h', 'i', 'j', 'k', 'l', 'm', 'n', 'o', 'p', 'q', 'r', 's', 't', 'u', 'v', 'w', 'x', 'y', 'z'. The bottom section contains the letters 'f', 'g', 'h', 'i', 'j', 'k', 'l', 'm', 'n', 'o', 'p', 'q', 'r', 's', 't', 'u', 'v', 'w', 'x', 'y', 'z'. The letters are written in a cursive style. The sheet is divided into two main sections by a horizontal line. The top section contains the letters 'f', 'g', 'h', 'i', 'j', 'k', 'l', 'm', 'n', 'o', 'p', 'q', 'r', 's', 't', 'u', 'v', 'w', 'x', 'y', 'z'. The bottom section contains the letters 'f', 'g', 'h', 'i', 'j', 'k', 'l', 'm', 'n', 'o', 'p', 'q', 'r', 's', 't', 'u', 'v', 'w', 'x', 'y', 'z'. The letters are written in a cursive style.

Домашняя работа. Пропиши.

Handwriting practice sheet with a grid of lines and diagonal guides. The sheet contains several rows of cursive letters for tracing and writing practice. The letters are arranged in groups of two on each line. The groups are: 'f', 'g', 'h', 'i', 'j', 'k', 'l', 'm', 'n', 'o', 'p', 'q', 'r', 's', 't', 'u', 'v', 'w', 'x', 'y', 'z'. The letters are written in a cursive style. The sheet is divided into two main sections by a horizontal line. The top section contains the letters 'f', 'g', 'h', 'i', 'j', 'k', 'l', 'm', 'n', 'o', 'p', 'q', 'r', 's', 't', 'u', 'v', 'w', 'x', 'y', 'z'. The bottom section contains the letters 'f', 'g', 'h', 'i', 'j', 'k', 'l', 'm', 'n', 'o', 'p', 'q', 'r', 's', 't', 'u', 'v', 'w', 'x', 'y', 'z'. The letters are written in a cursive style.

Урок 6

Овалы и полуовалы.



1. Пальчиковая гимнастика.

Идет по парте человек,
Переставляет ножки.
А если ножки смотрят вверх,
Что получилось? Рожки!

2. Повтори. Пропиши.



3. Обведи.



4. Пропиши.

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Домашняя работа. Пропиши.

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