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М24

**Манукова, Аида Зармиковна.**  
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САМ СЕБЕ РЕПЕТИТОР. ПОДГОТОВКА ЗА 15 МИНУТ

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**ОГЭ. АНГЛИЙСКИЙ. ENGLISH VOCABULARY.**  
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# UNIT 1. DAILY ROUTINE

## 1. READING

### 1.1. Read Sarah's blog and answer the questions.

My typical day starts early. I wake up at 7 a.m. and get ready for school. Then, I have breakfast with my family before leaving the house around 8 a.m. My school is about a 10-minute walk from my house, so I usually arrive at school at around 8:10 a.m.

My first lesson starts at 8.30 a.m., and I have an English class. It's one of my favorite subjects, and I enjoy reading and writing. After English, I have Math. It is my least favourite subject, but I do my best. We have a long break after the fifth lesson, and I usually hang out with my friends during that time.

Then we usually have Physics or Chemistry and we do a lot of experiments in the lab, which is fun. Then, it's time for lunch. I usually bring my own lunch from home, but sometimes I buy food from the school canteen. After lunch, we have two more classes, for example, Biology and Physical Education. In Biology, we learn about the human body, and in P.E. we play sports or do fitness activities.

School ends at 3 p.m., and I take the bus home. When I get home, I usually relax for a bit and then start my homework. I spend about two hours doing my homework every day. In the evening, I have dinner with my family and watch some TV. I go to bed at around 10 p.m. to make sure I get enough sleep for the next day.

1. What time does she wake up?
2. How does she get to school?
3. What time do her lessons start?
4. What subjects does she like?
5. What subjects doesn't she like?
6. What does she do during the break?
7. What does she do during different lessons?
8. How does she get home?
9. How does she spend her evenings?

### 1.2. Read the text again and find:

- 5 things that are similar to your daily routine,
- 3 things that are different from your daily routine.

## 2. VOCABULARY. TIME

### 2.1. Match the words to make phrases and answer the questions:

my typical day	for school
wake up	starts at 8.30 a.m

get ready	breakfast
have	subject
my first lesson	starts early
my least favourite	at 7 a. m.

- What time does your typical day start?  
 What time do you wake up?  
 Do you always have breakfast?  
 Where do you normally have breakfast?  
 What time does your first lesson start?  
 What's your least favourite subject? Why?

**2.2. Match the words to make phrases and answer the questions:**

do	a long break
have	in the lab
hang out	my best
do a lot of experiments	fitness activities
do	at 3 p. m.
school ends	with my friends

- How long are the breaks in your school? What do you usually do during the breaks?  
 What time does your school end?  
 What do you do after school?  
 Do you have a lab in your school?  
 Do you do any fitness activities? Which ones?

**2.3. Match the words to make phrases and answer the questions:**

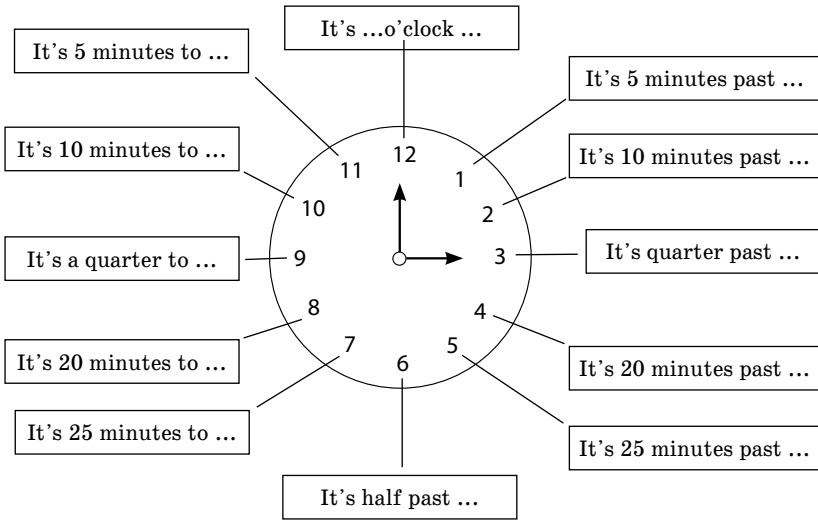
take the bus	for a bit
relax	about two hours doing homework
have	home
go to bed	home
get	dinner
spend	at around 10 p.m.

- Do you walk home or do you take the bus?  
 What time do you normally get home?  
 What do you do after that?  
 How much time do you normally spend doing homework?  
 Do you go to bed early or late?

**2.4. Read the blog again and say if your typical day is similar or different. Make all the necessary changes.**

**TIME**

Study the picture.



**2.5. What's the time? / What time is it?**

- |                  |         |
|------------------|---------|
| 7.15 — It's .... | 11.05 — |
| 8.30 —           | 12.55 — |
| 9.20 —           | 13.00 — |
| 9.35 —           | 14.45 — |
| 10.10 —          | 15.50 — |
| 10.40 —          | 16.35 — |

**2.6. Answer the questions:**

- What time do you usually wake up? - I wake up at 7.
- What time do you leave for school?
- What time does your school start?
- What time do you usually have lunch?
- What time do you usually arrive home?
- What time do your parents come home?
- What time do you usually go to bed on weekdays?
- When do you go to bed at weekends?
- When do you usually get up at weekends?

**2.7. How long does it take you to ...**

- have breakfast;
- get to school;
- do your homework;
- have a shower;
- get ready for school?

**NOTICE THE STRUCTURE:**

It (usually) takes me (about) .... to....  
 It takes me 15 minutes to have breakfast.

**DATES**

Study the charts.

**Ordinal numbers**

1st — first	11th — eleventh	21st — twenty-first
2nd — second	12th — twelfth	22nd — twenty-second
3rd — third	13th — thirteenth	23rd — twenty-third
4th — fourth	14th — fourteenth	24th — twenty-fourth
5th — fifth	15th — fifteenth	25th — twenty-fifth
6th — sixth	16th — sixteenth	26th — twenty-sixth
7th — seventh	17th — seventeenth	27th — twenty-seventh
8th — eighth	18th — eighteenth	28th — twenty-eighth
9th — ninth	19th — nineteenth	29th — twenty-ninth
10th — tenth	20th — twentieth	30th — thirtieth
		31st — thirty-first

**Months**

January — [ˈdʒænju(ə)ri]	July — [dʒulaɪ]
February — [ˈfebru(ə)ri]	August — [ɔːˈgɒst]
March — [mɑːtʃ]	September — [sepˈtembə]
April — [ˈeɪpr(ə)]	October — [ɒkˈtəʊbə]
May — [meɪ]	November — [nəʊˈvembə]
June — [dʒuːn]	December — [diˈsembə]

**NOTICE THE STRUCTURE:**

1/11 — the first of November or November the first  
 11 February — the eleventh of February  
 17.03 — the seventeenth of March  
 5 August — the fifth of August  
 23 July — the twenty-third of July  
 9.05 — the ninth of May  
 31.12 — the thirty-first of December

**2.8. Read the dates:**

1st September  
 2nd January

21st March  
 10th August

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## UNIT 1. DAILY ROUTINE

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12.12  
30.06

8<sup>th</sup> October  
22 May

### 2.9. Ask your partner:

- When's your birthday?
- When's your Mom's/Dad's birthday?

**NOTICE THE STRUCTURE:**

My birthday is on the 1st of September.

### YEARS

#### General:

1984 — nineteen eighty-four

1062 — ten sixty-two

1900 — nineteen hundred

#### 0 is pronounced like "oh":

1905 — nineteen oh five

1701 — seventeen oh one

#### 2000 — 2010:

2002 — two thousand and two

2008 — two thousand and eight

#### 2010 — present time:

2020 — two thousand and twenty

2020 — twenty twenty

### 2.10. Read the dates:

a) 21.07.2008

b) 3.12.2019

c) 30.05.1993

d) 15.04.1800

e) 13.09.1903

f) 17.12.2022

g) 12.7.1978

h) 1.09.1981

i) 5.07.2000

j) 9.11.1999

## 3. GRAMMAR. PREPOSITIONS OF TIME

We use **AT** with "time": at 6.30, at 10 o'clock, at midnight, at noon.

We use **ON** with days and dates.

We use **IN** with months, seasons and years.

We use **IN** with parts of a day: in the morning, in the afternoon, in the evening but **AT** night.

We say:

**IN** the morning, but **ON** Monday morning,

**AT** night, but **ON** Sunday night.

**AT** Easter, **AT** Christmas, but **ON** Victory Day, **ON** Mother's Day.

in	on	at
2023 July summer the morning the evening the afternoon	Monday the 1st of May Monday morning weekdays holidays Mother's Day	night the weekend 8.20 noon midnight Christmas/Easter lunchtime weekends

### 3.1. Fill in the gaps.

- \_\_\_\_\_ April
- \_\_\_\_\_ 2nd June
- \_\_\_\_\_ midnight
- \_\_\_\_\_ 10 o'clock
- \_\_\_\_\_ Tuesday
- \_\_\_\_\_ Monday night
- \_\_\_\_\_ 1981
- \_\_\_\_\_ 1st September
- \_\_\_\_\_ noon
- \_\_\_\_\_ Christmas
- \_\_\_\_\_ Father's Day
- \_\_\_\_\_ weekdays
- \_\_\_\_\_ the weekend
- \_\_\_\_\_ the afternoon
- \_\_\_\_\_ Sunday afternoon
- \_\_\_\_\_ lunchtime

### 3.2. Answer the questions. Give full answers to the questions.

- When do you usually hang out with friends?
- When do you usually wake up late?
- When is the lunch break in your school?
- When does your second lesson start?
- When do you usually go to the cinema?
- When do you have English classes?
- When can people go skiing in Russia?
- When can you go swimming in the local river?
- When is Victory Day in Russia?
- When do people in Russia celebrate Easter?

11. When did Yuri Dolgorukiy found Moscow?
12. When's your birthday?

**TEST 1**

**Translate into English.**

По будням в нашей семье день начинается рано, моя мама просыпается в 6 утра, а я просыпаюсь в 7 утра. Мама готовит завтрак, и мы вместе завтракаем. Затем я готовлюсь к школе. Я выхожу из дома (leave home) в 8, потому что мой первый урок начинается в 8.30 утра. Обычно у нас 6 уроков каждый день и есть большой перерыв. Во время (During...) этого перерыва я обедаю и тусуюсь с друзьями. Школа заканчивается в 3, и я еду на автобусе в спортзал (the gym). Там я занимаюсь фитнесом, это занимает у меня один час, и иду домой. Вечером я немного отдыхаю, ужинаю и делаю уроки. У меня обычно уходит около 3 часов на домашнее задание. Я ложусь спать в 11.

**4. COLLOCATIONS**

**4.1. Match the verbs with the words in the box to make collocations.**

- |   |   |
|---|---|
| <p><b>wake up:</b><br/> <b>have:</b><br/> <b>make:</b><br/> <b>walk:</b><br/> <b>catch:</b><br/> <b>hang out:</b></p> | <p><b>do:</b><br/> <b>get:</b><br/> <b>watch:</b><br/> <b>feed:</b><br/> <b>go:</b></p> |
|---|---|

home, late, to bed late, at 7 o'clock, with friends, the hamster, a taxi, a quick shower, the dog, to school, up, dinner, soup for lunch, lunch, a long bath, ready for exams, early, videos on YouTube, 7 classes, cereal for breakfast, my bed, breakfast, to bed, dinner, a big breakfast, homework, in the park, with classmates, to the gym, the internet, the cat, with friends, the bus, TV, to school, home

**4.2. Which of these activities do you normally do in the morning/ in the afternoon/ in the evening? Fill in the chart.**

In the morning	In the afternoon	In the evening

4.3. Make true sentences about yourself:

How often?	What?	When?
always	wake up early	_____ Monday
usually	have a shower	_____ the weekend
sometimes	have strong coffee	_____ 7 a.m
rarely	make my bed	_____ 3 p.m
hardly ever	have cereal for breakfast	_____ weekdays
never	walk to school	_____ 8.00
	catch the bus	_____ the morning
	have 7 classes	_____ holidays
	have soup for lunch	_____ the evening
	hang out with friends	_____ before school
	do homework	_____ after dinner
	get ready for my exams	_____ summer
	surf the Internet	
	feed the pet	
	chat with friends	
	watch TV series	
	read magazines	
	cook dinner	
	eat vegetables	
	go to the gym	
	go to bed late	

4.4. Work in pairs. Ask each other questions about your day.

*e. g. How often do you have cereal for breakfast?*

## 5. SPEAKING

5.1. Read the answers to the exam questions and complete them with the words from the boxes. There can be one or two words in each box that you do not need to use. Which of these answers are true about you? Change those which are not and make them true about you.

a) What is your favourite day of the week? Why do you like it?

watch, absolutely, very, fun, a meeting, shopping, enjoy, relax

**Tim:** My favourite day is Monday. I like Monday because on Mondays I have English. I \_\_\_\_\_ love it!

**Tanya:** My favorite day is Saturday. I like Saturday because I don't have school. I can sleep late — until 10 or 11, for example, and \_\_\_\_\_. I meet my friends and we have \_\_\_\_\_ together. We go to the park or \_\_\_\_\_ movies. Sometimes we go \_\_\_\_\_ to the mall. I \_\_\_\_\_ my free time on Saturdays.

b) How do you usually spend your weekends?

mall, at, in, meet, enjoy, relaxing, late, watch

## UNIT 1. DAILY ROUTINE

**Anna:** I usually spend my weekends \_\_\_\_\_ home. I watch films or read books.

**Mike:** At the weekends, I like sleeping \_\_\_\_\_ in the morning. Then I \_\_\_\_\_ my friends. We go to the \_\_\_\_\_ or to the movies sometimes. Or we play video games together. \_\_\_\_\_ the evenings, I help my mom with cooking dinner. After dinner, I watch TV shows or YouTube videos. The weekends are \_\_\_\_\_ for me.

**c) What would you recommend to a student who wants to make his or her weekends more interesting?**

places, fun, join, visiting, making, hobby, way, should, visit

**Vicky:** I would recommend taking up a \_\_\_\_\_. Yes, they \_\_\_\_\_ try new activities. For example, they can \_\_\_\_\_ a sports club. This is a good \_\_\_\_\_ to meet new people.

**Mike:** I would recommend \_\_\_\_\_ museums and parks. Also, trying new foods from different restaurants is \_\_\_\_\_.

**Anastasia:** I would recommend \_\_\_\_\_ weekend trips. They can go camping or \_\_\_\_\_ another town nearby. Seeing new \_\_\_\_\_ is very interesting.

**d) How many days a week do you go to school?**

Saturday, Monday, Tuesday, Thursday, Sunday

**Anastasia:** I go to school 5 days a week: Monday, \_\_\_\_\_, Wednesday, \_\_\_\_\_ and Friday.

**Tim:** In my school, we have classes from \_\_\_\_\_ to \_\_\_\_\_. So I go to school 6 days a week.

**e) How do you spend your mornings?**

wash, do, get, have, go, clean, early, leave

**Maria:** I get up, \_\_\_\_\_ my teeth, \_\_\_\_\_ my face, \_\_\_\_\_ breakfast and go to school.

**Tanya:** My mornings are busy. First I wake up \_\_\_\_\_, at around 7am. Then I \_\_\_\_\_ ready for school: I have a quick shower, wash my hair, have a coffee and \_\_\_\_\_ home.

**f) What means of transport do you use to get to school?**

have, close, catch, drive, get, stop (2), walk, about, take

**Alex:** I \_\_\_\_\_ to school because my school is very \_\_\_\_\_ to my home.

**Jacob:** To \_\_\_\_\_ to school, I \_\_\_\_\_ the bus. The bus \_\_\_\_\_ is near my house.

**Marina:** Oh, there are two buses which \_\_\_\_\_ in front of my home, so I catch the bus to the nearest underground station. Then I \_\_\_\_\_ the underground and go to the city centre. After that I walk for \_\_\_\_\_ 10 minutes.

**g) What is your favourite part of the day: morning, afternoon or evening? Why do you like it?**

after, best, at, of, in, do, of, better, am, see

**Peter:** My favourite part \_\_\_\_\_ the day is morning because \_\_\_\_\_ the morning I \_\_\_\_\_ fresh and full \_\_\_\_\_ energy.

**Tony:** My favorite part is the evening because \_\_\_\_\_ school I can relax and \_\_\_\_\_ fun activities.

**Angela:** I like the afternoon \_\_\_\_\_. School is finished and I have free time to \_\_\_\_\_ friends.

**h) How long does it take you to get to school?**

to, for, take, takes, countryside, spends

**Boris:** It normally \_\_\_\_\_ me 2 hours to get to school. We live in the \_\_\_\_\_ and my school is in the city. My Dad takes me to school in his car.

**Zoe:** It only takes me 10 minutes \_\_\_\_\_ walk to my school from my house.

**Mike:** I need to \_\_\_\_\_ the bus for 20 minutes to get to school every day.

**i) What do you usually have for lunch?**

hardly ever, sometimes, fact, rule, normally, for

**Claire:** I \_\_\_\_\_ have some pizza and a burger for lunch.

**Ruth:** As a \_\_\_\_\_, I have a sandwich, an apple and a yoghurt drink for lunch.

**Alex:** I usually have rice, vegetables and \_\_\_\_\_ chicken or fish for lunch.

**j) How long does it take you to do your homework?**

yandex, google, tutors, out, sit, takes, surf, just

## UNIT 1. DAILY ROUTINE

**Antony:** It usually takes me 20 minutes to do all my homework. I just \_\_\_\_\_ the answers and then I am free to hang \_\_\_\_\_ with friends or \_\_\_\_\_ the Internet.

**Tanya:** Doing my homework \_\_\_\_\_ 1 or 2 hours every evening after school. I sometimes ask my \_\_\_\_\_ to help me with my homework, then it takes \_\_\_\_\_ 45 minutes.

### k) How do you spend your weekends?

meet, chat, hang, fun, funny, relax, meet

**Sam:** I normally \_\_\_\_\_ out with my friends. We have lots of \_\_\_\_\_! We go to the shopping centre and watch \_\_\_\_\_ videos on YouTube.

**Jim:** At the weekend, I \_\_\_\_\_ my friends. We go to the park or mall together. In the evening I \_\_\_\_\_ at home, read books and watch movies.

### l) What is your typical weekday like?

do, fun, make, extra, come, funny

**Marina:** I wake up very early and go to school. After school I have \_\_\_\_\_ lessons. In the evening I do my homework and go to bed. Not much \_\_\_\_\_.

**Kate:** On weekdays I wake up early, go to classes, \_\_\_\_\_ home in the afternoon and \_\_\_\_\_ my homework.

### m) What are your typical Sunday afternoons like?

up, normally, at (2), have, for, spend, at, to, in, on (2), with,

**Steven:** I wake \_\_\_\_\_ late, \_\_\_\_\_ 12 or even later. I watch videos \_\_\_\_\_ my phone and then I always have breakfast \_\_\_\_\_ bed. Then I take a long bath and play \_\_\_\_\_ my cat. Then I do my homework.

**Anna:** On Sunday afternoons I \_\_\_\_\_ time with my family. We \_\_\_\_\_ lunch together and maybe go somewhere fun. If we don't, I \_\_\_\_\_ rest \_\_\_\_\_ home, talk \_\_\_\_\_ friends \_\_\_\_\_ the phone and get ready \_\_\_\_\_ the new week.

## 6. READING

### EXAM PRACTICE

6.1. Read the following text and decide if the statements below are true, false, or if there is not enough information provided (not stated).

1. Emily finds school enjoyable.
2. Emily always skips breakfast.
3. She has Biology every day.

4. She walks home.
5. She is not satisfied with the number of lessons.
6. She goes to bed at midnight.
7. She feels tired at the end of the day.

My little sister, Emily, is 14 years old. She goes to the local high school, but she doesn't like it very much. The school is in a small town about five miles from our house, so she has to get up really early to catch the school bus. It's not an ideal situation because she's not a morning person and she doesn't like getting up early.

Emily's first lesson starts at 8 a. m., and she usually arrives just before it begins. She doesn't have any breakfast at home because she says she doesn't have time. She has her first break at 10 o'clock, and then she has two more lessons. She has lunch at 12.30, and then she has three more lessons. Her last lesson finishes at 3.15 p.m., and then she catches the bus back home. When she gets home, she's always really hungry, so she has a big snack.

Emily says that school is quite stressful and tiring. She thinks it would be better if school started later, and she could have breakfast at home. She also thinks there are too many lessons in one day; she'd prefer to have fewer lessons, but longer ones. She says that some of her teachers are nice, but a few of them are not so friendly. She likes most of her subjects, but she doesn't like Maths or PE (Physical Education).

I think Emily should be more careful with what she eats. If she had something for breakfast, she wouldn't be so hungry when she gets home. I also think she should try to go to bed earlier, so she can get enough sleep. Another suggestion is that she could take a packed lunch to school instead of buying food there. That way, she could choose what she wants to eat, and it might be healthier than the school food.

All in all, Emily's school day is quite long and tiring. I think it would be a good decision if she did some sport or exercise at the weekend to help her relax after a busy week. There are various activities she could try, and it would be a great way for her to unwind and de-stress.

## **7. WORD FORMATION**

### **TRAINING**

**7.1. Translate all the words in Russian into English, and all the words in English into Russian. Use the texts above and a good dictionary. Fill in the gaps in the right column.**